

THE
KITCHEN



APPETIZERS

Caprese Garlic Bread 	\$9.50	Boozy Rings 	\$10.50
Thick slices of garlic bread with melted mozzarella, fresh tomato, balsamic glaze.		Beer battered onion rings served with house BBQ Ranch dipping sauce.	
Chips & Dip  	1 Dip: \$5.50 2 Dips: \$8.50	Spinach & Artichoke Dip 	\$11.00
Classic potato chips fried in house daily! Served with choice of French onion or house Ranch dip.		Warm spinach, artichoke hearts, creamy cheese, house flour tortilla chips or  corn tortilla chips.	
Disco Fries	\$11.50	Basket of Fries  	Classic: \$7.00 Sweet Potato: \$11.00
Crispy fries, chicken, light gravy, fresh mozzarella.		Crispy & ridiculously addicting! Comes with 1 dipping sauce.	

SOUPS

Tomato Bisque	Cup: \$5.00	Soup & Salad	\$9.00
Homemade blend of vine-ripened tomatoes, fresh cream and a blend of herbs & spices.		Cup of soup and choice of Garden or Caesar Salad.	
French Onion Soup	\$6.00	Soup & 'Wich	\$13.00
Our house recipe of this French classic.		There's no better comfort food than a cup of our creamy tomato bisque with a triple grilled cheese sandwich for dipping. Served with house-fried chips.	

SALADS

Customize your salad

Bacon +\$2 • Hard-boiled Egg +\$1 • Avocado +\$2 • Chicken +\$4.50 • Fried Chicken +\$5.50 • Nashville Hot Chicken +\$6 • Shrimp +\$6 • Filet Mignon +\$10

Caesar Salad	Small: \$5.00 Large: \$9.00	BBQ Ranch Chicken Salad 	\$14.50
Romaine, parmesan cheese, garlic & herb croutons, our house Caesar dressing.		Salad greens, grilled chicken, corn-black bean salsa, tomatoes, cheddar, BBQ Ranch dressing, crispy tortilla strips.	
Garden Salad  	Small: \$6.00 Large: \$10.00	Kitchen Cobb 	\$14.00
Romaine, tomatoes, cucumbers, carrots, red bell peppers, our house Ranch dressing.		Romaine, grilled chicken, bacon, tomato, Gorgonzola blue cheese, hard-boiled egg, house ranch dressing.	
Fried Chicken Salad	\$14.00	Seasonal Salad	\$11.00
Romaine lettuce, fried chicken breast, garden veggies, cheddar, garlic & herb croutons, honey mustard vinaigrette.		Perfect for the colder months - romaine, dried cranberries, crisp green apples, red onion, walnuts, cranberry walnut vinaigrette.	
Italian Chop Salad	\$12.50		
Salad greens, ham, salami, pepperoni, Parmesan cheese, tomatoes, olives, pepperoncini, red onions tossed with our creamy Italian dressing.			



Denotes Vegetarian items.
Many can be made Vegan.



Denotes items that are, or
can be gluten-free.

Please ask your server for items that can be modified for food specifications such as gluten-free, Keto-diet, vegan, etc. If you have allergies, please alert us as not all ingredients are listed. We are obliged to inform you that consuming raw or undercooked meat, poultry, seafood, or eggs may increase your risk of forborne illnesses.

BOWLS

Buddha bowls that won't give you a Buddha belly! Good-for-you and delicious!

Bowl: \$10.50 

Protein Replacement: Shrimp +\$5, Filet Mignon +\$10 • Add avocado or sweet potato +\$2

Asian

Grilled chicken, steamed rice, sautéed zucchini & mushrooms, red bell peppers and tri-color carrots with a ginger-tamari sauce.

Italian

Tender grilled chicken, heirloom quinoa, crisp romaine, tomatoes, grilled zucchini, shredded mozzarella finished with our House Italian and a dollop of rich pesto.

Mediterranean

Heirloom quinoa, fresh greens, tender grilled chicken, crisp cucumbers, red bell peppers, shredded red cabbage, fried chick peas with a lemon-dill sauce.

Southwest

Better than your fast food burrito or bowl! Grilled chicken, black-bean corn salsa, tomatoes, rice, greens, cheddar, spicy ranch and sour cream.

Thai

Eat the rainbow with this bowl! Steamed rice, stir-fried zucchini, carrots, red bell pepper and red cabbage. Topped with grilled chicken, our Thai peanut sauce and chopped peanuts.

*All Bowls are naturally Gluten-Free.
Make it Vegetarian or Vegan, just tell your server.*

FLATBREADS

Perfect for sharing!

Four Cheese

Perfect blend of cheeses, balsamic glaze.

\$10.50

Bacon & Mushroom

Bacon, mushrooms, caramelized onions, Parmesan, mozzarella.

\$11.50

BBQ Chicken

Grilled chicken, house BBQ sauce, red onions, cheddar blend.

\$11.50

Vegan

Zucchini, mushrooms, caramelized onions, roasted tomato sauce, balsamic glaze.
• Add mozzarella: +\$1.50

\$10.50

Chicken & Spinach

Grilled chicken, creamy spinach, mozzarella.

\$12.99

SANDWICHES & PANINIS

Served with house fried chips. Replace chips with fries +\$1.50 • Replace chips with sweet potato fries +\$2.50
Add side salad or cup of soup +\$4

Hot Ham & Cheese

Perfect combination of smoked ham, Swiss cheese, Dijon aioli.

\$12.00

Italian Hoagie

Smoked ham, salami, pepperoni with melted mozzarella topped with our house Italian, lettuce, tomato and red onion.

\$12.50

Turkey-Apple-Brie

Roasted turkey breast, brie cheese, crisp apple, served either grilled or chilled.

\$12.00

Triple Grilled Cheese

Melted to perfection, creamy Swiss, sharp cheddar and classic Brie.

\$9.00

Turkey Club

Roasted turkey breast, Swiss, bacon, tomato, lettuce, mayo.

\$12.50

• Add bacon: +\$2.00

Chicken Pesto Wich

Grilled chicken, basil pesto, melted mozzarella, fresh tomatoes & lettuce with a drizzle of our house Italian.

\$12.00

Caprese

Fresh mozzarella, tomatoes, roasted tomato spread, basil pesto.

\$10.50

• Add bacon for an amazing BLT: +\$2.00

The Cuban

Citrus mojo pork, smoked ham, Swiss, dill pickle, mustard.

\$12.00

BURGERS & BEYOND

CAB = Certified Angus Beef

Served with fries. Replace fries with sweet potato fries +\$2.50

Add side salad or cup of soup +\$4 • Add bacon, cheese, caramelized onions or mushrooms +\$1 each • Add avocado +\$2

The Kitchen Burger 1/2 lb. CAB brisket-blend burger, lettuce, tomato, onion, pickle. • Replace burger with grilled chicken: \$11.50	\$14.00	Smokehouse BBQ Burger 1/2 lb. CAB brisket-blend burger, cheddar cheese, bacon, onion rings, BBQ sauce. • Replace burger with grilled chicken: \$12.99	\$15.50
'Shroom & Swiss Burger 1/2 lb. CAB brisket-blend burger, sautéed mushrooms, Swiss, Dijon aioli. • Replace burger with grilled chicken: \$12.99	\$15.00	Nashville Hot Chicken Sandwich Crispy fried chicken breast, Nashville hot sauce, dill pickles, mayo.	\$14.50
Philly Smash Burger 2 smash burgers, melted cheddar, sautéed onions, peppers, garlic aioli.	\$12.50	Southern Fried Chicken BLT Fried chicken breast, crispy bacon, lettuce, tomato, Dijon aioli.	\$14.50
Cali-Turkey Burger All-natural turkey burger, avocado, Swiss, lettuce, tomato, mayo.	\$14.00	Chicken Parmesan Sandwich Crispy fried chicken breast, homemade tomato marinara, melted fresh mozzarella.	\$14.00
Petite Burger 1/3 lb. burger, lettuce, tomato, house fried chips.	\$11.00	Kickin' Chicken Juicy fried chicken breast, pepper jack cheese, spicy mayo, lettuce, tomato.	\$14.00

ENTREES

Add Side Salad or Cup of Soup +\$4 • Carb Replacement: Steamed Cauliflower Pearls +\$3

Shrimp Scampi Shrimp, roasted garlic, brandy-wine sauce, angel hair pasta, asparagus.	\$18.00	Chicken Piccata (Dinner Only) Sautéed chicken, artichoke hearts, capers, white wine, lemons, penne pasta, asparagus.	\$20.00
Chicken & Waffles Crispy fried chicken breast, Belgian waffle, hot (spicy) honey, fries.	\$17.00	Cajun Pasta Choice of Cajun spice dusted shrimp or fried chicken breast tossed with red bell peppers, caramelized onions, & penne pasta in a nicely spiced cream sauce!	\$18.50
Chicken Parmesan Pasta Crispy fried chicken breast, homemade tomato marinara, fresh mozzarella, penne pasta, garlic bread.	\$16.00	Steak Diane Grilled filet mignon served with a mushroom port wine sauce, crispy fries, grilled asparagus. • Replace steak with grilled chicken: \$16.00 • Add grilled shrimp for Surf & Turf Diane: +\$6.00	\$25.00
Whiskey Beef Stroganoff (Dinner Only) Grilled filet mignon, mushrooms, whiskey cream sauce, penne pasta, asparagus.	\$28.00		

CUSTOMIZABLE PASTAS

Customize your Pasta!

Grilled Chicken +\$4.50 | Fried Chicken +\$5.50 • Nashville Hot Chicken +\$6 • Grilled Shrimp +\$6 • Grilled Beef Filet +\$10 • Bacon +\$2

Diced Fresh Tomatoes +\$0.50 • Caramelized Onions +\$1 • Sautéed Mushrooms +\$1

Add Side Salad or Cup of Soup +\$4 • Carb Replacement: Steamed Cauliflower Pearls +\$3

Mac & Cheese  Classic Comfort Food.	\$11.50	Creamy Spinach Pasta  Light cream sauce, spinach, roasted garlic, penne pasta, Parmesan.	\$12.50
Penne Alfredo  The classic but better!	\$12.99	Vegan Pasta  Grilled asparagus, zucchini, mushrooms, garlic, white wine, basil pesto, penne pasta.	\$12.50

We love food. A lot.

We love cooking it and sharing it with others.

We love the comfort it provides and the togetherness it inspires.



**It's our passion for food that fuels us at The Kitchen,
and it's you, our awesome patrons,
who keep the fire burning.**



It's true — there's no other community we'd rather share our fresh, from-scratch bistro classics with. Every warm cup of homemade soup, every fresh, artisanal flatbread, every sweet slice of strawberry cake, is made with love from us to you.

Whether you're here for a relaxing solo **lunch** between meetings, a celebratory **dinner** with the whole family, Friday evening **cocktails** with friends, enjoying our personalized **catering** or for one of our many engaging **cooking classes** — we'll always welcome you in with Wichita hospitality and treat you to clean comfort food delights that nourish your body and feed your soul.

Thank you always for your support. Cheers!

Handwritten signatures of Chef Natasha Gandhi-Rue and Scott Rue in black ink.

Chef Natasha Gandhi-Rue and Scott Rue